

YOU+ POSTER CONTEST

On April 27, the *Youth Council of Fort Lee* (YCFL) and the *Borough of Fort Lee* will host *You+: Be More, Do More, Say More*, an emotional wellbeing festival to empower the Fort Lee community. To raise awareness about mental health, the YCFL asks you to create a **multimedia poster** centered on how you maintain healthy behaviors, develop security within personal identity, respect other people's individual uniqueness, and achieve balance between life's responsibilities.

Grade Divisions: 1-4th, 5-8th, 9-12th

Eligibility: Bergen County Students

Entry Deadline: March 31, 2019

Awards for each division:

First Place- \$150 Gift Card, Award Certificate

Runner-up- \$50 Gift Card, Award Certificate

Send your submissions to **P.O. Box 2, Fort Lee, NJ.**

Visit youthcouncilfortlee.org or contact us at

youthcouncilfl@gmail.com for more information.

